**K-2**

**Anatomy & Physiology**

AP.2.CC.1 Use proper names of body parts, including male and female anatomy.

**Identity**

ID.2.CC.1 Describe differences and similarities in how boys and girls may be expected to act.

ID.2.INF.1 Provide examples of how friends, family, media, society and culture influence ways in which boys and girls think they should act.

**Pregnancy and Reproduction**

PR.2.CC.1 Explain that all living things reproduce.

**Healthy Relationships**

HR.2.CC.1 Identify different kinds of family structures.

HR.2.CC.2 Describe the characteristics of a friend.

HR.2.IC.1 Demonstrate ways to show respect for different types of families.

HR.2.IC.2 Identify healthy ways for friends to express feelings to each other.

**Personal Safety**

PS.2.CC.1 Explain that all people, including children, have the right to tell others not to touch their body when they do not want to be touched.

PS.2.CC.2 Explain what bullying and teasing are.

PS.2.CC.3 Explain why bullying and teasing are wrong.

PS.2.AI.1 Identify parents and other trusted adults they can tell if they are feeling uncomfortable about being touched.

PS.2.AI.2 Identify parents and other trusted adults they can tell if they are being bullied or teased.

PS.2.IC.1 Demonstrate how to respond if someone is touching them in a way that makes them feel uncomfortable.

PS.2.IC.2 Demonstrate how to respond if someone is bullying or teasing them.

PS.2.SM.1 Demonstrate how to clearly say no, how to leave an uncomfortable situation, and how to identify and talk with a trusted adult if someone is touching them in a way that makes them feel uncomfortable.

**3-5**

**Anatomy & Physiology**

AP.5.CC.1 Describe how male and female reproductive systems including body parts and their functions.

AP.5.AI.1 Identify medically-accurate information about female and male reproductive anatomy.

**Puberty and Adolescent Development**

PD.5.CC.1 Explain the physical, social and emotional changes that occur during puberty and adolescence.

PD.5.CC.2 Explain how the timing of puberty and adolescent development varies considerably and can still be healthy.

PD.5.CC.3 Describe how puberty prepares human bodies for the potential to reproduce.

PD.5.INF.1 Describe how friends, family, media, society and culture can influence ideas about body image.

PD.5.AI.1 Identify medically-accurate information and resources about puberty and personal hygiene.

PD.5.AI.2 Identify parents or other trusted adults whom students can ask questions about puberty and adolescent health issues.

PD.5.SM.1 Explain ways to manage the physical and emotional changes associated with puberty.

**Identity**

ID.5.CC.1 Define sexual orientation as the romantic attraction of an individual to someone of the same gender or a different gender.

ID.5.AI.1 Identify parents or other trusted adults of whom students can ask questions about sexual orientation.

ID.5.SM.1 Demonstrate ways to treat others with dignity and respect.

ID.5.ADV.1 Demonstrate ways students can work together to promote dignity and respect for all people.

**Pregnancy and Reproduction**

PR.5.CC.1 Describe the process of human reproduction.

**Sexually Transmitted Diseases and HIV**

SH.5.CC.1 Define HIV and identify some age appropriate methods of transmission, as well as ways to prevent transmission.

**Healthy Relationships**

HR.5.CC.1 Describe the characteristics of healthy relationships.

HR.5.INF.1 Compare positive and negative ways friends and peers can influence relationships.

HR.5.AI.1 Identify parents and other trusted adults they can talk about relationships.

HR.5.IC.1 Demonstrate positive ways to communicate differences of opinion while maintaining relationships.

HR.5.SM.1 Demonstrate ways to treat others with dignity and respect.

**Personal Safety**

PS.5.CC.1 Define teasing, harassment and bullying and explain why they are wrong.

PS.5.CC.2 Define sexual harassment and sexual abuse.

PS.5.INF.1 Explain why people tease, harass or bully others.

PS.5.AI.1 Identify parents and other trusted adults they can tell if they are being teased, harassed or bullied.

PS.5.AI.2 Identify parents or other trusted adults they can tell if they are being sexually harassed or abused.

PS.5.IC.1 Demonstrate ways to communicate about how one is being treated.

PS.5.IC.2 Demonstrate refusal skills (e.g. clear “no” statement, walk away, repeat refusal).

PS.5.SM.1 Discuss effective ways in which students could respond when they are or someone else is being teased, harassed or bullied.

PS.5.ADV.1 Persuade others to take action when someone else is being teased, harassed or bullied.

**6-8**

**Anatomy & Physiology**

AP.8.CC.1 Describe male and female sexual and reproductive systems including body parts and their functions.

AP.8.AI.1 Identify accurate and credible sources of information about sexual health.

**Puberty and Adolescent Development**

PD.8.CC.1 Describe the physical, social, cognitive and emotional changes of adolescence.

PD.8.INF.1 Analyze how friends, family, media, society and culture can influence self-concept and body image.

PD.8.AI.1 Identify medically-accurate sources of information about puberty, adolescent development and sexuality.

PD.8.DM.1 Demonstrate the use of a decision-making model and evaluate possible outcomes of decisions adolescents might make.

**Identity**

ID.8.CC.1 Differentiate between gender identity, gender expression and sexual orientation.

ID.8.CC.2 Explain the range of gender roles.

ID.8.INF.1 Analyze external influences that have an impact on one’s attitudes about gender, sexual orientation and gender identity.

ID.8.AI.1 Access accurate information about gender identity, gender expression and sexual orientation.

ID.8.IC.1 Communicate respectfully with and about people of all gender identities, gender expressions and sexual orientations.

ID.8.ADV.1 Develop a plan to promote dignity and respect for all people in the school community.

**Pregnancy and Reproduction**

PR.8.CC.1 Define sexual intercourse and its relationship to human reproduction.

PR.8.CC.2 Define sexual abstinence as it relates to pregnancy prevention.

PR.8.CC.3 Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms.

PR.8.CC.4 Define emergency contraception and its use.

PR.8.CC.5 Describe the signs and symptoms of a pregnancy.

PR.8.CC.6 Identify prenatal practices that can contribute to a healthy pregnancy.

PR.8.INF.1 Examine how alcohol and other substances, friends, media, society and culture influence decisions about engaging in sexual behaviors.

PR.8.AI.1 Identify medically-accurate resources about pregnancy prevention and reproductive health care.

PR.8.AI.2 Identify medically-accurate information about emergency contraception.

PR.8.AI.3 Identify medically-accurate sources of pregnancy-related information and support including pregnancy options, safe surrender policies and prenatal care.

PR.8.IC.1 Demonstrate the use of effective communication skills to support one’s decision to abstain from sexual behaviors.

PR.8.IC.2 Demonstrate the use of effective communication and negotiation skills about the use of contraception including abstinence and condoms.

PR.8.DM.1 Apply a decision-making model to various sexual health decisions.

PR.8.SM.1 Describe the steps to using a condom correctly.

**Sexually Transmitted Diseases and HIV**

SH.8.CC.1 Define STDs, including HIV, and how they are and are not transmitted.

SH.8.CC.2 Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each.

SH.8.CC.3 Describe the signs, symptoms and potential impacts of STDs, including HIV.

SH.8.INF.1 Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors.

SH.8.AI.1 Identify medically-accurate information about STDs, including HIV.

SH.8.AI.2 Identify local STD and HIV testing and treatment resources.

SH.8.IC.1 Demonstrate the use of effective communication skills to reduce or eliminate risks for STDs, including HIV.

SH.8.GS.1 Develop a plan to eliminate or reduce risk for STDs, including HIV.

SH.8.SM.1 Describe the steps to using a condom correctly.

**Healthy Relationships**

HR.8.CC.1 Compare and contrast the characteristics of healthy and unhealthy relationships.

HR.8.CC.2 Describe the potential impacts of power differences such as age, status or position within relationships.

HR.8.CC.3 Analyze the similarities and differences between friendships and romantic relationships.

HR.8.CC.4 Describe a range of ways people express affection within various types of relationships.

HR.8.CC.5 Describe the advantages and disadvantages of communicating using technology and social media.

HR.8.INF.1 Analyze the ways in which friends, family, media society and culture can influence relationships.

HR.8.INF.2 Analyze the impact of technology and social media on friendships and relationships.

HR.8.IC.1 Demonstrate communication skills that foster healthy relationships.

HR.8.IC.2 Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others.

HR.8.IC.3 Demonstrate effective skills to negotiate agreements about the use of technology in relationships.

HR.8.GS.1 Develop a plan to stay safe when using social media.

HR.8.SM.1 Explain the criteria for evaluating the health of a relationship.

HR.8.SM.2 Describe strategies to use social media safely, legally and respectfully.

**Personal Safety**

PS.8.CC.1 Describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

PS.8.CC.2 Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong.

PS.8.CC.3 Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched.

PS.8.CC.4 Explain why a person who has been raped or sexually assaulted is not at fault.

PS.8.AI.1 Identify sources of support such as parents or other trusted adults that they can go to if they are or someone they know is being bullied, harassed, abused or assaulted.

PS.8.IC.1 Demonstrate ways to communicate with trusted adults about bullying, harassment, abuse or assault.

PS.8.SM.1 Describe ways to treat others with dignity and respect.

PS.8.SM.2 Demonstrate ways they can respond when someone is being bullied or harassed.

PS.8.ADV.1 Advocate for safe environments that encourage dignified and respectful treatment of everyone.

**9-12**

**Anatomy & Physiology**

AP.12.CC.1 Describe the human sexual response cycle, including the role hormones play.

**Puberty and Adolescent Development**

PD.12.CC.1 Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood.

PD.12.INF.1 Analyze how friends, family, media, society and culture can influence self-concept and body image.

PD.12.DM.1 Apply a decision-making model to various situations relating to sexual health.

**Identity**

ID.12.CC.1 Differentiate between biological sex, sexual orientation, and gender identity and expression.

ID.12.CC.2 Distinguish between sexual orientation, sexual behavior and sexual identity.

ID.12.INF.1 Analyze the influence of friends, family, media, society and culture on the expression of gender, sexual orientation and identity.

ID.12.SM.1 Explain how to promote safety, respect, awareness and acceptance.

ID.12.ADV.1 Advocate for school policies and programs that promote dignity and respect for all.

**Pregnancy and Reproduction**

PR.12.CC.1 Compare and contrast the advantages and disadvantages of abstinence and other contraceptive methods, including condoms.

PR.12.CC.2 Define emergency contraception and describe its mechanism of action.

PR.12.CC.3 Identify the laws related to reproductive and sexual health care services (i.e., contraception, pregnancy options, safe surrender policies, prenatal care).

PR.12.CC.4 Describe the signs of pregnancy

PR.12.CC.5 Describe prenatal practices that can contribute to or threaten a healthy pregnancy.

PR.12.CC.6 Compare and contrast the laws relating to pregnancy, adoption, abortion and parenting.

PR.12.INF.1 Analyze influences that may have an impact on deciding whether or when to engage in sexual activity.

PR.12.INF.2 Analyze internal and external influences on decisions about pregnancy options.

PR.12.INF.3 Analyze factors that influence decisions about whether and when to become a parent.

PR.12.AI.1 Access medically-accurate information about contraceptive methods, including abstinence and condoms.

PR.12.AI.2 Access medically-accurate information and resources about emergency contraception.

PR.12.AI.3 Access medically-accurate information about pregnancy and pregnancy options.

PR.12.AI.4 Access medically-accurate information about prenatal care services.

PR.12.IC.1 Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.

PR.12.DM.1 Apply a decision-making model to choices about contraception, including abstinence and condoms.

PR.12.DM.2 Assess the skills and resources needed to become a parent.

PR.12.SM.1 Describe the steps to using a condom correctly.

**Sexually Transmitted Diseases and HIV**

SH.12.CC.1 Describe common symptoms of and treatments for STDs, including HIV

SH.12.CC.2 Evaluate the effectiveness of abstinence, condoms and other safer sex methods in preventing the spread of STDs, including HIV.

SH.12.CC.3 Describe the laws related to sexual health care services, including STD and HIV testing and treatment.

SH.12.INF.1 Analyze factors that may influence condom use and other safer sex decisions.

SH.12.AI.1 Explain how to access local STD and HIV testing and treatment services.

SH.12.AI.2 Access medically-accurate prevention information about STDs, including HIV.

SH.12.IC.1 Demonstrate skills to communicate with a partner about STD and HIV prevention and testing.

SH.12.DM.1 Apply a decision-making model to choices about safer sex practices, including abstinence and condoms.

SH.12.GS.1 Develop a plan to eliminate or reduce risk for STDs, including HIV.

SH.12.SM.1 Analyze individual responsibility about testing for and informing partners about STDs and HIV status.

SH.12.SM.2 Describe the steps to using a condom correctly.

SH.12.ADV.1 Advocates for sexually active youth to get STD/HIV testing and treatment.

**Healthy Relationships**

HR.12.CC.1 Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.

HR.12.CC.2 Describe a range of ways to express affection within healthy relationships.

HR.12.CC.3 Define sexual consent and explain its implications for sexual decision-making.

HR.12.CC.4 Evaluate the potentially positive and negative roles of technology and social media in relationships.

HR.12.INF.1 Explain how media can influence one’s beliefs about what constitutes a healthy sexual relationship.

HR.12.INF.2 Analyze factors, including alcohol and other substances, that can affect the ability to give or perceive the provision of consent to sexual activity.

HR.12.AI.1 Demonstrate how to access valid information and resources to help deal with relationships.

HR.12.IC.1 Demonstrate effective strategies to avoid or end an unhealthy relationship.

HR.12.IC.2 Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

HR.12.SM.1 Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior.

HR.12.SM.2 Describe strategies to use social media safely, legally and respectfully.

**Personal Safety**

PS.12.CC.1 Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

PS.12.CC.2 Analyze the laws related to bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

PS.12.CC.3 Explain why using tricks, threats or coercion in relationships is wrong.

PS.12.CC.4 Explain why a person who has been raped or sexually assaulted is not at fault.

PS.12.INF.1 Describe potential impacts of power differences (e.g., age, status or position) within sexual relationships.

PS.12.INF.2 Analyze the external influences and societal messages that impact attitudes about bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

PS.12.AI.1 Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted.

PS.12.AI.2 Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence.

PS.12.IC.1 Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.

PS.12.IC.2 Identify ways in which they could respond when someone else is being bullied or harassed.

PS.12.ADV.1 Advocate for safe environments that encourage dignified and respectful treatment of everyone.