Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PM #3 - Mechanics and Cues of Fluidity of Locomotor Skills Checklist**

**Pretest** Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Critical Cues | Check off |
| Student transitions from one locomotor skill to another on cue |  |
| Transition from first locomotor skill to the second is fluid |  |
| Transition from second locomotor skill to the third is fluid and  without hesitation |  |
| Demonstrates consistency in performance of locomotor skills  from original assessment (PM #1) |  |
|  |  |
| Total – (4 points possible) |  |

Rubric Scoring

E = Exceeds Expectations 4 90-100%

M = Meets Expectations 3 70-89%

N = Not Meeting Expectations 2 and below 69% and below

**Posttest** Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Critical Cues | Check off |
| Student transitions from one locomotor skill to another on cue |  |
| Transition from first locomotor skill to the second is fluid |  |
| Transition from second locomotor skill to the third is fluid and  without hesitation |  |
| Demonstrates consistency in performance of locomotor skills  from original assessment |  |
|  |  |
| Total – (4 points possible) |  |