**Curriculum Mapping – Health Education**

**Curriculum Map Grid**

**Part I:** **Number of lessons in Health** - How many health lessons are taught at each grade level.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Grade Levels** | **K** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| Number of Lessons |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Part II: Identify Health Topics You Teach**

1. Use an (X) to mark all areas of the graph below to indicate the health topics you implement (left column for each grade level – yellow column).
2. Put an (O) to mark all areas you would like to add to address the gaps in your curriculum (Left column for each grade level – yellow column).
3. List the number of lessons for each topic area in the graph below l (right column for each grade level – white column).

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Topics** | **K** | | **1** | | **2** | | **3** | | **4** | | **5** | | **6** | | **7** | | **8** | | **9** | | **10** | | **11** | | **12** | |
| 1. **Alcohol**   **and other Drugs** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Tobacco** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Healthy Rel/Sexual Health** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Healthy Eating** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Physical Activity** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Violence** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Safety** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Mental Health** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. **Personal Health** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Part III: What Health Literacy Skills do you Teach?**

Directions: Put a “Y” to indicate the health-literacy skills you currently teach at each grade level.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Health Literacy Skills** | **K** | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| Analyzing Influences (INF) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Accessing Information (AI) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interpersonal Communication (IC) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Decision-Making (DM) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Goal-Setting (GS) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Self-Management (SM) |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Advocacy (AV) |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| Graphical user interface, text, application  Description automatically generated |  |
| Graphical user interface, text, application  Description automatically generated |  |
|  | Graphical user interface, text, application  Description automatically generated |
|  |  |

**Part IV: Curriculum Mapping - The Health Education Core Concepts and Health-Literacy Skill Outcomes**

**Directions:** Complete one document per X and O from Part II in the Curriculum Map Grid (yellow column). You can add and subtract rows in the tables as needed.

|  |  |
| --- | --- |
| **Grade Level:** |  |
| **Topic:** |  |
| **Number of Lessons:** |  |

|  |
| --- |
| **Core Concept Outcomes: Standard 1** |
|  |
|  |
|  |
|  |

|  |  |  |
| --- | --- | --- |
| **Health-Literacy Skill Outcomes: Standards 2-8** | | |
| **Standard # (2-8)** | **Health-Literacy Skill** | **Outcome** |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

|  |  |
| --- | --- |
| **Suggested Activities:** |  |
| **Formative Assessments:** |  |
| **Summative Assessment:** |  |