# **Handout 1: Scope & Sequence of Skills-Based Health Education Standard**

1. **Grade Level(s)**

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| --- |
| **Kindergarten** |

1. **Choose the Standards (Standard Numbers):**

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| --- |
| **1, 5** |

1. **Choose the Content Area:**

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| --- |
| **Mental and Emotional Health** |

1. **Choose Core Concepts Outcomes:**

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| --- |
| **Identifies characteristics of bullying and teasing** |
| **Explain why it’s wrong to bully or tease others** |
|  |

1. **Choose Health Literacy Skills & Outcomes (List Health Literacy Skill for Each Outcome – Be Realistic):**

|  |  |
| --- | --- |
| **Health Literacy Skill** | **Health Literacy Skill Outcomes** |
| **Decision-Making** | **Explains the potential positive and negative outcomes from decisions related to mental and emotional wellbeing** |
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|  |  |
|  |  |

**6. Scope & Sequence of Core Concepts and Skill Outcomes – Sequencing Numbers 4 and 5:**

**Lesson 1**

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| --- |
| **Core Concept Outcomes** |
| **Identifies characteristics of bullying and teasing** |
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| --- |
| **Health Literacy Skill Outcomes** |
| **Explains the potential positive and negative outcomes from decisions related to mental and emotional wellbeing** |
|  |

**Lesson 2**

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| --- |
| **Core Concept Outcomes** |
| **Explain why it’s wrong to bully or tease others** |
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| --- |
| **Health Literacy Skill Outcomes** |
| **Explains the potential positive and negative outcomes from decisions related to mental and emotional wellbeing** |
|  |

**Lesson 3**

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| --- |
| **Core Concept Outcomes** |
| **Explain why it’s wrong to bully or tease others** |
|  |

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| --- |
| **Health Literacy Skill Outcomes** |
| **Explains the potential positive and negative outcomes from decisions related to mental and emotional wellbeing** |
|  |

1. **Assessment: How do we know whether this student was successful?**

**Lesson 1**

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| --- |
| **Explains two verbal examples of decisions they have made that day.** |

**Lesson 2**

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| **Explain how a different choice would have had a different outcome.** |

**Lesson 3**

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| **Given a role-playing scenario, the student will be able to list possible choices and their outcomes and rate them as positive or negative.** |

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