**Block Planning Template**

**Grade Level: 10-12th**

**TOPIC: Floor Hockey**

**Standard 1:  Motor Skills and Movement Patterns - The physically literate individual demonstrates competency within the full scope and sequence of motor skills and movement patterns.**

**Standard 2:  Movement Concepts and Performance - The physically literate individual applies concepts, biomechanics and game strategies associated with movement skills and performance.**

**Standard 4:  Cooperative skills and positive behavior -The physically literate individual utilizes cooperative skills, safety practices, positive behavior and communication that values respect for self and others.**

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| Lesson #1/ | |
| Lesson Title: | Introductory Skills |
| Health Literacy/Physical Education Skill(s): | Specialized skill performance |
| Outcomes: | Standard 1: Demonstrates consistency in skill performance by scoring and defending against scoring in target games with and without an opponent. |
| Content: | Passing  Dribbling  Shooting |
| Strategies/Activities: | Dribbling for speed and accuracy  Dribbling and shooting on an empty goal  Dribbling and passing with a partner |
| Formative Assessments: | Partner rubric for dribbling and shooting |

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| Lesson #2/ | |
| Lesson Title: | Lead-up Games |
| Health Literacy/Physical Education Skill(s): | Strategies and tactics |
| Outcomes: | #2: Describes tactics to successfully participate in small-sided games across multiple categories of movement forms (e.g., games, individual performance activities, lifetime physical activities). |
| Content: | Defense and offense positioning |
| Strategies/Activities: | 1 v 1  2 v 1  3 v 2 |
| Formative Assessments: | Identify two offensive and defensive strategies via exit slip |

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| Lesson #3/ | |
| Lesson Title: | Game Play |
| Health Literacy/Physical Education Skill(s): | Safety  Rules and Etiquette |
| Outcomes: | #4 Uses communication skills and strategies that promote group dynamics.  #4 Participates in identifying rules that provide for safe participation in physical activities. |
| Content: | Teamwork  Sportsmanship |
| Strategies/Activities: | Small-sided games  Understanding team roles |
| Formative Assessments: | Summative Assessment – written evaluation on rules and strategies and rubric for skills performance |
| Summative Assessment | |
| Lesson Title: |  |
| Health Literacy Skills: |  |
| Rubric: |  |
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\*Number of blocks indicate number of lessons schools may add or reduce the number of blocks used per unit.

\*Diagnostic Assessment should be included in the first lesson. Additional Diagnostic Assessments may be added to further lessons as necessary for physical education.

\*Summative assessment will be the final block provided for the unit. Each summative assessment must include a rubric.