**Lesson Plan**

**Health and Physical Education**

1. **Unit Topic**: Violence Prevention

**Lesson Title**: Avoid Bullying or being a bystander to bullying

1. **Grade Level**: 5th
2. **Standards/Learning Outcomes (Health and/or PE)**
   1. **Standards:** 1,2,3,4,5
   2. **Outcomes:**

CC: Describes the benefits of using non-violent means to solve interpersonal conflict. Defines prejudice, discrimination and bias.

AI: Practices the role of bystanders in bullying situations.

Describes influences of media and technology affect violence prevention behaviors.

AI: Describes characteristics of reliable violence prevention information.

1. **Assessment**
   1. **Diagnostic, Formative or Summative:**
2. **Instructional Outline**
3. **Introduction: Introduction to Violence Prevention. What is a bully, bystander, and victim?**
4. **Content Outline:**
5. **Learning Strategies and Activities:**
   1. **Skill Development**
      1. **\*Explain Importance of the Skill:**
      2. **Demonstrate Skill Steps:**
   2. **Skill Application**
      1. **Provide adequate time to demonstrate and practice skill:**
      2. **Formative assessment:**
6. **Closure**
7. **Modifications/Extensions:**
8. **\*Vocabulary:**
9. **\*Materials:**
10. **\*Related & Resources**:

**\***Use as needed