Block Plan

**Health and Physical Education**

**GRADE LEVEL(S):**

**TOPIC:**

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| Lesson #1 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Diagnostic Assessment (Pre-Test): |  |
| Formative Assessments: |  |

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| Lesson #2 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Formative Assessments: |  |

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| Lesson #3 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Formative Assessments: |  |

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| Lesson #4 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Formative Assessments: |  |

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| Lesson #5 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Formative Assessments: |  |

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| Lesson #6 |
| Lesson Title: |  |
| Health and/or Physical Education Outcomes: |  |
| Content (Teacher Discussion Outline): |  |
| Strategies/Activities: |  |
| Formative Assessments: |  |

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| Summative Assessments |
| Health and Physical Education Content: |  |
| Diagnostic Assessment (Post-Test): |  |
| Performance-Based Assessment: |  |